



UNINTENTIONAL CHILDHOOD INJURY PREVENTION COUNSELING TIP SHEET

Infants

1. TRAFFIC SAFETY:

- a. Discuss correct use of approved child safety restraints
- b. Car seat should be rear-facing, never in front passenger seat if air bag installed
- c. Never leave infant unattended in automobile
- d. Parents should always use own seat belts

2. BURN PREVENTION

- a. Smoke alarms installed and maintained
- b. Hot water temperature at a maximum of 120°F
- c. Do not carry infant and hot items at same time
- d. Do not heat infants formula in a microwave oven
- e. Cover electrical outlets with devices that are not potential choking hazards

3. FALL PREVENTION

- a. Window and stairway guards and gates
- b. No infant walkers
- c. Never leave infant alone on furniture from which infant can fall

4. CHOKING PREVENTION

- a. Be aware of hazards in any home where child may spend time
- b. Watch for small objects or food pieces that can lead to airway obstruction
- c. Prevent strangulation from long strings and cords from draperies and blinds
- d. Prevent suffocation from plastic bags, loose fitting crib sheets, etc.

5. DROWNING PREVENTION

- a. Adult supervision of infants ALWAYS around any body of water, buckets, bathtubs, pools
- b. Bath seats are not substitutes for supervision

6. SLEEP SAFETY

- a. "Back to Sleep", no waterbeds, sofas or other soft surfaces
- b. Remove bumper pads when infant begins to stand
- c. Crib sides up and locked when infant is inside

7. CPR

- a. Parental training in infant and child cardiopulmonary resuscitation
- b. Call 911 or local EMS