



THE AMERICAN ACADEMY OF PEDIATRICS
NEW YORK CHAPTER 2
COMMITTEE ON CHILDHOOD INJURY PREVENTION

UNINTENTIONAL CHILDHOOD INJURY PREVENTION COUNSELING TIP SHEET

Preschoolers

1. TRAFFIC SAFETY

- a. Forward-facing car seat at 1 year of age and 20 pounds
- b. Always ride in back seat
- c. Parents should always use own seat belts
- d. Never leave young children unattended in or around automobiles
- e. Watch out for driveways and streets
- f. Approved bicycle helmets even with tricycle and a bicycle with training wheels

2. BURN PREVENTION

- a. Check smoke alarm batteries regularly
- b. Keep children away from hot oven doors, irons, wall heaters and grills
- c. Keep hot food and drink out of reach of children
- d. Appropriate covers for electrical outlets

3. FALL PREVENTION

- a. Protect toddlers from stairways, open windows and heavy furniture that can topple over

4. POISON PREVENTION

- a. **NATIONAL POISON CONTROL NUMBER: 1-800-222-1222**
- b. Medicines and household products to be kept out of sight and reach
- c. Keep items in original child-proof containers and locked up
- d. Ipecac no longer recommended and should be discarded

5. DROWNING PREVENTION

- a. Backyard swimming pools and spas must be fenced on all four sides
- b. Self-closing and self-latching gate that opens away from the pool
- c. Children under 5 need adult "touch supervision"

6. FIREARM SAFETY

- a. Keep handguns out of areas where children live and play
- b. Unloaded guns and ammunition must be kept in separate locked cabinets