



THE AMERICAN ACADEMY OF PEDIATRICS
NEW YORK CHAPTER 2
COMMITTEE ON CHILDHOOD INJURY PREVENTION

UNINTENTIONAL CHILDHOOD INJURY PREVENTION COUNSELING TIP SHEET

School-aged Children

1. TRAFFIC SAFETY

- a. Booster car seat until child properly fits in adult seat belt (usually 4 ft 9 in and between 8-12 years)
- b. No riding in the bed of a pickup truck
- c. No ATV use in children under 16 years
- d. Approved bicycle helmets on **every** bike ride

2. WATER SAFETY

- a. Children over 5 years should be taught to swim and follow rules for safe water play
- b. Never allow children to swim alone
- c. Coast Guard-approved personal flotation devices for all children on boats

3. SPORTS SAFETY

- a. Adults supervising childhood sports and recreational activities must emphasize use of safety equipment
- b. Appropriate physical conditioning for each sport must be encouraged
- c. The use of protective equipment for in-line skating and skateboarding is paramount

4. FIREARM SAFETY

- a. Remove firearms from areas where children play and explore
- b. Ask whether guns are kept in homes visited by the child
- c. Keep unloaded gun and ammunition in separate locked cabinets